

OFFALY INDOOR T&F CHAMPIONSHIPS - JAN 20TH 2019 - AIT ARENA

JUVENILE ORDER OF EVENTS - 9:30AM TO 2:30PM

PLEASE NOTE : CHECK IN OPENS AT 8AM AND CLOSES AT 9:10AM

TRACK - 9:30AM

60M HEATS - 8 FASTEST TIMES QUALIFY FOR THE FINAL

U10 GIRLS & BOYS
U11 GIRLS & BOYS
U12 GIRLS & BOYS
U13 GIRLS & BOYS
U14 GIRLS & BOYS
U15 GIRLS & BOYS
U16 GIRLS & BOYS

U13 GIRLS & BOYS - 600M
U14 GIRLS & BOYS - 800M
U15 GIRLS & BOYS - 800M
U16 GIRLS & BOYS - 800M
U12 GIRLS & BOYS - 600M
U11 GIRLS & BOYS - 500M

(NOTE -ON ABOVE MID DISTANCE EVENTS, IF MORE THAN 1 RACE PER AGE GROUP, 3 FASTEST TIMES MEDAL)

U16 GIRLS & BOYS - 200M

(NOTE -ON ABOVE 200M EVENTS, IF MORE THAN 1 RACE PER AGE GROUP, 3 FASTEST TIMES MEDAL)

60M FINALS IN THE FOLLOWING ORDER = U10,U13,U14,U15,U16,U12,U11

MIXED RELAYS - 2 FEMALE & 2 MALE

U10 - 4 X 100 - ATHLETE 1&2 STAY IN LANES, THIRD BREAKS JUST AFTER THE FIRST BEND

U12 - 4 X 100 - ATHLETE 1&2 STAY IN LANES, THIRD BREAKS JUST AFTER THE FIRST BEND

U14 - 4 X 200 - 1ST ATHLETE STAYS IN LANE, 2ND BREAKS JUST AFTER THE FIRST BEND, THEN ALL IN LANES 1OR 2 TO FINISH

U16 - 4 X 200 - 1ST ATHLETE STAYS IN LANE, 2ND BREAKS JUST AFTER THE FIRST BEND, THEN ALL IN LANES 1OR 2 TO FINISH

(NOTE -ON ABOVE RELAYS, IF MORE THAN 1 RACE PER AGE GROUP, 3 FASTEST TIMES MEDAL. AN ATHLETE CAN MOVE UP AN AGE GROUP TO COMPETE)

FIELD EVENTS

LONGJUMP - 3 ATTEMPTS ONLY

U10G - AFTER 60M HEATS

U10B - AFTER 60M HEATS

U12 G

U12 B

U14 G

U14 B

U16 G

U16 B

SHOT PUTT

U11G - AFTER 60M HEATS

U11B

U13 G

U13 B

U15 G

U15 B

HIGH JUMP

U14 G&B - AFTER 60M HEATS

U15 G&B

U10 - BORN 2010

U11 - BORN 2009

U12 - BORN 2008

U13 - BORN 2007

U14 - BORN 2006

U15 - BORN 2005

U16 - BORN 2004

**** ATHLETES BORN IN 2011 OR AFTER 2011, ARE NOT ELIGIBLE TO COMPETE****

****ATHLETES MUST COMPETE IN THERE AGE GROUP, CAN ONLY MOVE UP AN AGE GROUP FOR RELAYS****

**** NO JUVENILE ATHLETES ARE PERMITTED IN THE WARM UP AREA FROM 1:30PM ONWARDS****

OFFALY INDOOR T&F CHAMPIONSHIPS - JAN 20TH 2019 - AIT ARENA

JUNIOR (U20), SENIOR & MASTERS ORDER OF EVENTS - 3:30PM - 6PM

PLEASE NOTE : CHECK IN CLOSES AT 3PM

TRACK - 3:30PM START

60M - JUNIOR & SENIOR

800M - JUNIOR, SENIOR, MASTERS

MILE - JUNIOR SENIOR, MASTERS

200M - JUNIOR, SENIOR

400M - SENIOR, MASTERS

3000M - JUNIOR, SENIOR, MASTERS

MIXED RELAYS - 4 X 200 - 2 FEMALE & 2 MALE

(TEAM CAN CONSIST OF ANY ATHLETE FROM JUNIOR, SENIOR OR MASTER AGES)

NOTE: ON ALL ABOVE 7 EVENTS, 3 FASTEST TIMES MEDAL

FIELD EVENTS

SHOT PUTT(3:30PM)

JUNIOR, SENIOR, MASTERS

LONG JUMP - 4 ATTEMPTS(4PM)

JUNIOR, SENIOR, MASTERS

HIGH JUMP(5PM)

JUNIOR , SENIOR

**ALL JUNIOR, SENIOR & MASTER EVENTS ARE AN OPEN COMPETITION, GUESTS ARE WELCOME
ATHLETES FROM U17-U19 TO COMPETE IN JUNIOR EVENTS OR SENIOR EVENTS**

(NOTE: GUESTS ARE UNABLE TO MEDAL)

OFFALY ATHLETICS INDOOR INVITATIONAL

800 WOMEN - 2:25PM

800 MEN - 2:45PM

1500 WOMEN - 2:55PM

1500 MEN - 3:05PM

60M WOMEN - 3:15PM

60 MEN - 3:20PM

